Months before the event, the city radiated the glow of an Olympic holiday. Runners enjoyed special training programs offered on the website: maratondmxc.com and organized groups were able to train with renowned coaches such as German Silva, Benjamin Paredes, Martin Pitayo, or Adriana Fernandez. Even the Mayor of Mexico City, Mr. Miguel Angel Mancera, participated in these training sessions.

One day before the competition the City and the Olympic Stadium staged an incredible moment. The Organizing Committee brought the light of an historical flame directly from Greece: the 'Marathon Flame'. With momentous ceremony the flame traversed the route, escorted by a burgeoning group of runners. More than 200 people relayed the flame to the Olympic Stadium.

The surprise occurred when the Flame arrived at the Olympic Stadium. Just as 45 years ago, the (former) Mexican 800m runner, Enriqueta Basilio, lit up the Olympic cauldron with the 'Marathon Flame'.

Continued on page 29
Marathons have multiplied, and have now planted themselves in all of the world’s most spectacular places, from pole to pole, from desert to jungle to mountain top, and from isolated islands to iconic urban landscapes.

A selection of 50 of the world’s most memorable marathons appears in this book, each with a full description of what the runner can expect to find, alongside quality photographs which capture something of each race’s own particular offering.


Marathons of the World has also been published in Spanish, Italian, German, Japanese, Dutch, Norwegian and Czech editions. To order copies please email editor@distancerunning.co.uk quoting code MB2013.
Maratón de la Ciudad de México, Mexico

During the opening ceremony of the Olympic Games of 1968 Enriqueta had become the first woman to light an Olympic cauldron. On 24 August, 2013, the Olympic cauldron became the first in the world to receive the Flame from Marathon, Greece.

Before sunrise on 25 August 20,000 runners reclaimed the Olympic route, and their individual goals became a reality. The start was at the “Hemiciclo a Benito Juárez”, in the downtown area, and the finish at the University Olympic Stadium.

The Maratón de la Ciudad de México had TV coverage around the world, in 50 countries in Latin America and the Caribbean, Asia, Europe, the United States of America, and within Mexico.

The streets of the capital were open to runners of all ages, groups and categories. Maratón de la Ciudad de México is an inclusive race accommodating wheelchair competitors as well as blind athletes. There were three additional events: a race for toddlers and teens; another for families (both were held on the track of the Olympic Stadium), and the ‘Happiness Race’ at the “Hemiciclo a Benito Juárez” for children with disabilities.

The 31st edition of the Marathon was enhanced by participation of runners from the Rarámuri indigenous people, an ancient culture from the Northern part of the country, well known for their tradition of running over long distances.

The 2013 Maratón de la Ciudad de México became an Olympic holiday that allowed runners and citizens to revisit the most emblematic and beautiful sites of Mexico City, such as: “El Ángel de la Independencia”, the National Anthropology Museum, the Soumaya Museum, the Chapultepec Castle and many others. With similar reasoning, the Secretary of Tourism of Mexico City created the “Hospitality Route”, linking more than 25 hotels and 300 restaurants which offered special rates for those attending the Marathon, the biggest sports event hosted by the City.

Collectible medals
To commemorate the 45th Anniversary of hosting the 1968 Olympic Games, Maratón de la Ciudad de México introduced “collectible” medals. Starting from 2013 the medal will take the form of a letter, which by the 36th edition will spell out the word ‘MEXICO’. In 2013 runners will be awarded the letter “M”. In 2014 “E” will be given; in 2015, “X”; in 2016, “I”, and in 2017, “C”. Finally, in the 36th edition to be held in 2018 “O” will be conferred. The typography used for the Olympic Games of 1968 is the basis for the overall design.

Road to Boston
Maratón de la Ciudad de México has officially been designated as a Boston Qualifier event. Runners will be able to use their times run on the Mexico City course to apply for entry to the world’s oldest Marathon, which celebrates its 118th edition in 2014.

Sustainable marathon
In 2014 Maratón de la Ciudad de México will present a sustainable edition, to raise awareness of the importance of having an environmentally friendly race. Runners, organizers, and friends of the event will be able to collaborate towards the outcome of a “green” competition.

Result

**MEN:**
1. Raul Pacheco MENDOZA MEX 2:16:53
2. Simon Kariuki NJOROGE KEN 2:17:30
3. Rodgers Ondati GESEBW A KEN 2:18:41
4. Sergio Pedraza GONZALEZ MEX 2:20:24
5. Christopher KIPYEGO KEN 2:20:51
6. Hilary KIMAIYO KEN 2:21:38
7. Isaac Mcharia WAWERU KEN 2:22:22
8. Sergio Reyes CARRANZA MEX 2:22:30
9. Peter LEMAYIAN KEN 2:22:30

**WOMEN:**
1. Gladys Tejeda PUCHUARANGA MEX 2:37:35
2. Demise Misiker MEKONEN ETH 2:40:56
3. Ogla Jerono KIMAIYO KEN 2:41:23
4. Liliana Cruz VALDEZ MEX 2:43:43
5. Doreen Nduku KITAKA KEN 2:44:44
6. Gladys Mokobi ONWONGA KEN 2:44:45
7. Debellu Shitage GEMECHU ETH 2:46:36
8. Yuliana Navarro ROSALES MEX 2:47:36
9. Hirut BEYENE ETH 2:47:52

**Half marathon**

**MEN:**
1. Erick Israel Perez HUERTA MEX 1:08:01
2. Dionisio Castillo CALVARIN MEX 1:08:07
3. Urbano Gonzalez LOZANO MEX 1:09:56

**WOMEN:**
1. Faviola Lara MONTES MEX 1:17:14
2. Jessica Yasmin Cortes OLVERA MEX 1:23:33
3. Faviola Sarai Perez IGARI MEX 1:23:48
2014 C&D Xiamen International Marathon

RUN FOR LOVE

全球启动 为爱而跑

Jan. 2nd, 2014

On the theme of ‘RUN FOR LOVE’, the 2014 Xiamen International Marathon will be launched on Jan. 2, Thursday. Get yourselves ready and enjoy the running fun. Any info related to race events and registration will be available on http://www.xmim.org. Welcome to China and welcome to Xiamen Marathon!

2014建发厦门国际马拉松赛将于明年1月2日（星期四）在中国厦门举行，以「从心出发，为爱而跑」为活动主题。有意参赛的跑手应尽早准备，务求以最佳状态迎接比赛及安全地享受跑步的乐趣。有关赛事的资料及报名详情将于2013年10月初于官方网站公布。网站地址http://www.xmim.org。欢迎来到中国，欢迎体验厦门马拉松。

2014年1月2日上午8:00  8am, Jan 2nd, 2014
厦门会展中心  Xiamen C&E Center
42.195 公里或者更远
42.195KM OR FARTHER

132-142 b/min
THE RHYTHM OF LOVE

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g=9.8N/kg
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INTERNATIONAL MARATHON

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