San Sebastian is a beautiful tourist destination on the Atlantic coast of the Basque Country. Capital of Guipuzcoa, it offers a wide range of activities throughout the year, attracting thousands of visitors. Walking around the beautiful streets of the town, past historic buildings and sparkling beaches visitors cannot fail to be impressed. San Sebastian is a paradise for food-lovers with many good restaurants serving delicious tapas; and also for people who appreciate culture and music. San Sebastian has recently been named 2016 European Capital of Culture.

Among the town’s specialist offerings is the Marathon. The DKV San Sebastian Marathon is one of the fastest in the world. Just come to San Sebastian and let your imagination float, let your five senses run free, and let your legs fly.

Back on 15 October 1978 San Sebastian held its first marathon. It was a great success with 2600 participants, a number that would only be surpassed in 1993. Local newspapers at the time spoke about 10,000 people watching the start and more than 60,000 people lining the course.

In October 1993 San Sebastian hosted the IAAF World Marathon Cup; it was its most international edition and it was the first time transponders were used for time keeping. The race was won by the British runner Richard Nerurkar in 2:10:03.

The 2012 race was the 35th – this year the 36th edition will be held on 24 November 2013. The course is practically flat, at sea level, and passes through some of the most attractive parts of the town, such as the bay and the famous Concha Beach. This is why it has been attracting more and more runners every year. The streets are full of people cheering and clapping and giving the runners that extra encouragement to make it to the finish line.

It is a marathon both for elite runners and amateur runners. The course records are a good indication of how fast a course it is: Ana Isabel Alonso’s women’s record is 2:26:51, and the men’s record stands at 2:09:39. There is a time limit of five hours so runners aiming at a pace of 7min/km will find themselves comfortably accommodated.

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“I really enjoyed the race and the town. Lovely place and people. The race was impressive, with lots of fast young runners. I did 3:24 which was good for me, but I could have managed my race better. Found a lovely restaurant in the Old Town on Sunday. Would love to come back again”

Gary W, UK

“Thanks a lot for organizing a perfect marathon. Everything was really great! There were hot showers, excellent support along the course and welcoming, motivating spectators. We spent three wonderful days in San Sebastian. Unfortunately the time was too short to see everything we wanted to see. Be sure I will inform friends and come back...”

Lukas K, Germany
THE CZECH REPUBLIC NATIONAL HALF MARATHON CHAMPIONSHIPS 2013

Pardubice Wine Half-Marathon

Pardubice, April, 20th 2013, Smetana square

Each runner obtains: medal, diploma, starting number, T-shirt, bottle of wine, race newspaper, wide refreshment, nice sport experience.

It is time to visit heart of Czech Republic, capital city of gingerbread.

Accommodation, registration, proposition, results, history, photo gallery and much more informations on:

www.winehalfmarathon.cz
Maraton Donostia – San Sebastian, Spain

Some telling statistics testify to the favourable nature of the course:

• 75% of runners improved their personal best
• 17% of runners finished in under three hours
• 56% of runners finished in under three and a half hours
• 88% of runners finished in under four hours

The spectacular finish line is located inside the Anoeta Stadium, home of the local football team Real Sociedad. Video cameras are located at five different places along the route and participants can download clips of themselves passing the different points.

There is also a 10km race alongside the Marathon, using part of the same course, with a one-hour time limit. Registrations for both races will be open from April at www.maratondonostia.com

November is low season so plane tickets are usually quite reasonable. The town has good transport service and connections. There are five airports, three of them international, within 100km, and the nearest is only 20 minutes’ drive away. All of the airports offer connections with Spain’s main cities such as Madrid and Barcelona. Trains also run to Spain’s main cities and to international destinations such as Paris and Lisbon.

The organization offers some hotels through its travel agency. The official race hotel is Silken Amara Plaza, just 300m away from Anoeta Area, where the start and finish line are located.

Continued from page 37

San Sebastian Marathon facts:

Next race date: 24th November 2013
Start time: 09.00 for Marathon and 09.10 for 10km
Start line: Avenida Madrid (next to Anoeta Stadium)
Participants: 3000 for marathon & 1000 for 10km (approx.)
Route: almost flat at sea level, going through the town’s historic center and beside its beautiful beaches. Three laps: one small 6km lap and two bigger identical laps of 18km.
Finish line: inside Anoeta Stadium
Registrations: online at www.maratondonostia.com
Facebook: www.facebook.com/maratonsansebastian
Time limit: 5 hours for the Marathon & 1 hour for the 10km

Result

MEN:
1. Asier Cuevas ETTCHETO ESP 2:23:23
2. Ibon ESPARZA OLANO ESP 2:29:00
3. Salvador PALOMARES ESP 2:29:38
4. Ibon Bengotetxea ZABALA ESP 2:29:43
5. Xabat Manzisidor ERMINA ESP 2:29:58
6. Moray ANDERSON GBR 2:30:12
7. Mark RYALL GBR 2:31:21
8. Sabin Arruti MANCISIDOR ESP 2:32:48
9. Inaki Marsal NICUESA ESP 2:32:53
10. Etor Etxeandia LEJARZEGI ESP 2:33:42

WOMEN:
1. Ma Yoland Gutierrez ROBLES ESP 2:45:43
2. Amaia Ostolazo ANTELO ESP 2:49:32
3. Claudia Behohide ALCAIN ESP 2:56:28
4. Amaia Zuloaga EIZAGUIRRE ESP 3:00:41
5. Kelly WILLIS GBR 3:01:55
6. Sabin Arruti MANCISIDOR ESP 3:02:48
7. Inaki Marsal NICUESA ESP 3:02:53
8. Sarah DUDGEON GBR 3:06:54
9. Leire Aguirrezabala EZKURDIA ESP 3:06:54

10KM

MEN:
1. Antonio ETXEBERRIA ESP 30:59
2. Lionel PETRIARO 31:13
3. Benjamin FREDRICH 31:41

WOMEN:
1. Nerea Abrego ANTIA ESP 36:21
2. Christelle LARRERE 37:43
3. Cristina Loeda SOTO 38:12